



Mexican Meatloaf



Ingredients

1 lb. ground beef
2 large egg whites
1 cup bread crumbs (I like to use crackers or even croutons!)
1 medium chopped white onion
1/2 tsp chili powder
1/4 tsp cumin
4 oz canned diced green chili peppers
8 oz canned red enchilada sauce

Directions

Preheat oven to 375 degrees. Coat pan with cooking spray. Mix meat, egg whites, crumbs, onion, chili powder, cumin, chilis, and half of enchilada sauce together. Shape into oval and place onto pan. Cook for 1 hour. Top with remaining enchilada sauce and bake for another 5 minutes more. Slice and serve.

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